

## Tips and Techniques

- Be sure your t-shirt colors are compatible with the transfer paper you've chosen;
- Read the directions that come with your paper carefully; instructions vary greatly from brand to brand;
- Be sure to indicate which page the image you've chosen is on before you click "Print" in your printer pop-up box;
- Feed the sheets one at a time, even if you generally don't have a problem feeding multiple sheets.



When placing the printed transfer on the shirt, measure vertically from the points at which the neckband meets the shoulder seam to the top of the cut-out image, and then horizontally from the upper corners of the cutout image to the armhole seam. For American men's crewneck t-shirts, the following approximate measurements work well:

- Size small: Vertical 6 inches; horizontal 3.5 inches
- Size medium: Vertical 6.5 inches; horizontal 4 inches
- Size large: Vertical 7 inches; horizontal 4.5 inches

We don't recommend any particular brands but did have good results using both Avery and Hewlett Packard paper on 100% cotton t-shirts. The less expensive transfers did not work as well.

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A horizontal row of ten stylized handprints in red, yellow, and blue, positioned above the text 'IMPROVING GLOBAL HEALTH'.

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