

My Back-to-School Checklist

(check boxes for each item below)



I practiced my morning routine 3 times.

I woke up, got dressed, washed up, brushed my teeth and ate my breakfast just like I'll do on school days - three days in a row!

I learned how to walk to school or to my bus stop.

I know where my school or bus stop is, and who I'll walk to school or wait at my bus stop with each morning. I also know how I'll get home after school each day.

I organized all my clothes!

I know where I put all my clothes including the clothes I wear to school each day. I also know where to put my clothes when they're dirty.

I know where I'll put my backpack, books and school supplies each day.

I have a special place to keep my school bag and books so I will always be able to find them when I need them.

I'm healthy.

I've visited my doctor for my back-to-school check-up. I know how tall I am and how much I weigh.

I know what I'm having for lunch.

I know how to order my lunch at school, or what I'll bring in my lunch box each day.

My parents and I know who my teacher is.

I know my teacher's name, and my parents know how to contact my teacher if they have questions about how I'm doing in school.

I know what I'm doing when I get home from school each day.

My parents and I know what my afternoon schedule is. We know where I'll be after school, when I can play with friends, when I need to do school work, when I'll have dinner and when it's bedtime.



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My First Week of School



Use this calendar to write or draw the important things that are happening each day of your first week of school. Are you planning any special afterschool activities? Will you have any special lunches or activities at school this week?

Monday

Tuesday

Wednesday

Thursday

Friday



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