



## STATISTICS

- Major depression affects approximately 15 million American adults or about 8% of the U.S. population age 18 and older in a given year.
- Bipolar disorder (manic depression) affects approximately 6 million American adults or about 3% of the population in a given year.
- Women experience depression about twice as often as men.
- Over their lifetime about 12% of women will have clinical depression.
- Approximately 80% of people experiencing depression are not currently receiving any treatment.
- 80-90% of people who live with a serious mental illness are unemployed.
- More than 90% of persons who die by suicide have a diagnosable mental illness, commonly a depressive disorder.
- Approximately 4% of adolescents develop serious depression each year. Suicide is the third leading cause of death for ages 10 to 24.
- Depression is also known to weaken the immune system, making the body more susceptible to other medical illnesses.
- By the year 2020, depression will be the 2nd most common health problem in the world.
- Depression is one of the most treatable illnesses: 80-90% find relief.

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